

"IT'S YOUR DESTINY" ON VISION TV CHANNEL*

Province	City	Cable Provider	Channel	Time Zone	Airtime
<i>Alberta</i>	Calgary	Shaw Communications	91	MDT	5:30 AM
	Edmonton	Shaw Communications	93	MDT	5:30 AM
<i>British Columbia</i>	Kamloops	Shaw Communications	48	PDT	4:30 AM
	Kelowna	Shaw Communications	51	PDT	4:30 AM
	Vancouver	Shaw Communications	70	PDT	4:30 AM
		Telus	156	PDT	4:30 AM
	Victoria	Shaw Communications	84	PDT	4:30 AM
<i>Manitoba</i>	Winnipeg	Shaw Communications	51	CDT	6:30 AM
<i>New Brunswick</i>	Fredericton	Rogers Cablesystems Limited	21	EDT	7:30 AM
	Moncton	Rogers Cablesystems Limited	45	EDT	7:30 AM
<i>Newfoundland/Labrador</i>	St. John's	Rogers Cablesystems Limited	21	NDT	9:00 AM
	Labrador City	CRRS TV	50	NDT	9:00 AM
<i>Northwest Territories</i>		Northwestel Cable Incorporated	33	MDT	5:30 AM

Nova Scotia	Halifax	Eastlink Cable	28	ADT	8:30 AM
	Sydney	Eastlink Cable	58	ADT	8:30 AM
	Glace Bay	Seaside Communications	58	ADT	8:30 AM
Ontario	GTA	Rogers Cablesystems Limited	60	EDT	7:30 AM
	Ottawa	Rogers Cablesystems Limited	61	EDT	7:30 AM
	Thunder Bay	Shaw Communications	25	EDT	7:30 AM
PEI	Charlottetown	Eastlink Cable	35	ADT	8:30 AM
Quebec	Montreal West	Videotron Itee	76	EDT	7:30 AM
Saskatchewan	Saskatoon	Shaw Communications	51	CDT	6:30 AM
	Moose Jaw	Shaw Communications	22	CDT	6:30 AM
	Regina	Access Communications	16	CDT	6:30 AM
Yukon		Northern Television Systems	31	PDT	4:30 AM
Where Available		Bell ExpressVU 261	261		4:30 AM
		Starchoice 394	394		4:30 AM

* Channel line-ups are subject to change and may not be completely accurate. Local listings should always be consulted.